

Supporting male survivors of childhood sexual abuse

## The Dartington Hall experience July 4th - 6th 2025



A healing journey amongst adult male survivors.

#### What to expect

This weekend workshop is for non-offending adult male survivors of childhood sexual abuse, rape, physical violence, emotional abuse and /or neglect.

Our goal is to offer a safe, encouraging environment of healing. The weekend will provide a variety of healing activities,

including the sharing of stories, writing exercises, anger work and other emotional expressions, small group discussion, relaxation and yes, even fun and is for men who are actively engaged in recovery work. It is not a substitute for therapy.



### **Resident facilitators**

Mike & Thom of Next Step Counselling.





Mike Lew is a psychotherapist and group therapy leader. Mike has worked with thousands of men and women in their healing from the effects of childhood sexual abuse, rape, physical violence, emotional abuse and neglect. Mike is the author of Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse.

Find out more about Mike



**Thom Harrigan** is a classically trained practitioner with a commitment to social justice and equality.

Thom focuses on the complex changes facing survivors of dysfunctional families, institutional and systemic abuse, natural disasters, war and conflict.

Find out more about Thom

## Supporting male survivors of childhood sexual abuse

MOMENTUM

How moMENtum can help you.

#### Who we are

moMENtum is a mutual support group for male survivors of childhood sexual abuse. We meet as equals for support and to gain an understanding of ourselves and to share information and resources. We are in our fifteenth year and are a not-for-profit Community Interest Company (CIC).

#### More information

Our website is specifically designed to support male survivors of childhood sexual abuse.

Please click on the link below to find out more about us.

moMENtumdevon.org.uk

What the MEN say about moMENtum

What the professionals say about moMENtum







## **Costs & Bookings**

What will it cost and how to book.



£420.00

#### What's included

This includes accommodation in single occupancy rooms, all meals and refreshments.

All the places are subsidised but if finances would still prevent you from coming, please contact Russell as soon as possible

russell@momentumdevon.org.uk 07773 151080

#### **Confirm your place**

## **Book NOW**

Click here to proceed...

#### **Dartington Hall**

Dartington, Totnes, Devon, TQ9 6EL 4pm July 4th to 4pm July 6th 2025

## **Dartington 2024**

Feedback from men who attended last year's workshop.



# "The workshop was deeply healing and supportive,"

and I am continuing to benefit weeks and months later. Mike and Thom's facilitation was very well held, insightful and sensitive. Meeting other survivors and hearing their stories, making friends and sharing experiences is an essential part of a much larger healing journey, and I feel very lucky to have been a part of this."

"The Dartington residential weekend was an incredible and unexpected experience, filled with learning, connection, and creativity. We shared stories, embraced new opportunities, and expressed ourselves in meaningful ways. Throughout the weekend, the focus on wellbeing and healing was ever-present, and the facilitators, Mike and Thom, expertly guided us through a range of techniques that nurtured these themes. Importantly, we were given the freedom to engage at our own pace, which created a supportive and inclusive environment for everyone.

"A wonderful weekend: challenging, important, healing, compassionate"

"Thanks so much to all of you for such a powerful workshop. Along with the tears and laughter, I gained so much and it's staying and I hope it is the same for you."

"I am grateful to everyone who helped me to climb so many more steps on the ladder of recovery during the weekend."

"Mike, I can't thank you enough for the positive impact you all had on me. You have helped me more in 3 days than I have done for myself in 40 years.

You are a life saver. "



MoMENtum Devon C.I.C - Company number 12397017 - 47 Boutport Street, Barnstaple, Devon, EX31 1SQ, United Kingdom Copyright © 2025 moMENtum, all rights reserved. Copyright © 2025 JiMM, all rights reserved.